

Dig Deeper



Find this passage in your own Bible:

Matthew 5 v 1-12

Matthew is in the New Testament, it is one of the four gospels, the books which tell stories of Jesus' life, death and resurrection.

Take a moment to pause and pray asking God to help you learn and grow as you read the passage.

If there is a word you don't understand look it up, try to work it out from the words around it or ask somebody for help!



This passage comes from Jesus' 'Semon on the Mount' – teaching he gave on a hill near Lake Galilee.

We call this part **the beatitudes**. It speaks of how we can have a beautiful attitude and stay positive even when we face difficult challenges because we have a hope in God.

Read through the list of groups of people who Jesus said are 'blessed'. Do any of them surprise you?

Blessed are those who mourn



Is there anything that is making you sad or upset this week? Chat to God about it and ask for His comfort.

Blessed are those who are persecuted.



Pause and pray for those in the world who are attacked or in prison because of their faith.

Blessed are those who hunger and thirst for righteousness

Is there anything that you have seen or heard this week that you knew was not right or fair? Chat to God about it and pray for justice.

Faith at Home

The Disciples – Week 4 - Loved

This week we read

Luke 10 v 38-42 / John 11 v 1-44

We learned that Jesus cared deeply about his friends and followers and wanted the best for them; their feelings and wellbeing were important to Him. We are loved by Jesus today as well and can share our own feelings with Him.

Family Challenge

Play the 'how are you feeling' game. Everyone should take it in turns to act something out chosen by the other players e.g. baking a cake, driving a car, but they must choose an emotion to show while they do it. Everybody else has to guess the emotion. To add extra silliness why not choose emotions that do not match the activity e.g. Excitedly cleaning the toilet!

Family Chat

Use these questions to spark a conversation this week.

A question for adults to ask children
What helps you know you are loved by God?

A question for children to ask adults
Can you tell me about a time when God was with you through difficult emotions?



Go Deeper...

Jesus cared about his friends and chose to spend time with them, through times of celebration and times of sadness. Choose a friend each to pray for and spend asking God to be close to them this week.

Challenge yourself

God cares about all our feelings, the good and the bad. Take a moment to chat to God about how you have felt this week as you fill in the boxes below with words or pictures.

Something that made me feel **happy** this week was...



Something that made me feel **angry** this week was...



Something that made me feel **excited** this week was...



Something that made me feel **sad** or **upset** this week was...



Something that made me feel **worried** this week was...



Memory Verse Challenge
Can you learn the memory verse?

John 13 v 35
All people will know that you are my followers if you love each other.

Bible Challenge

Can you find today's passage in your own Bible?

Find the book of Luke in the New Testament.

Find the big number 10 and read verses 38-42.

- Which sister was sat at the feet of Jesus?

M _ _ _

- Which sister was busy with preparations?

M _ _ _ _

How do you think Jesus felt when he saw that Martha was upset and worrying? Draw his emotion on this face:

